**OLOL XC Summer Running Log 20XX**

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|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Sun** | **Mon** |  | **Tues** |  | **Wed** |  | **Thurs** | **Fri** | **Sat** |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | June 1 | 2 |  |  | 3 | 4 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 6 | 7 | 8 | 9 |  |  | 10 | 11 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 | 13 | 14 | 15 | 16 |  |  | 17 | 18 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19 | 20 | 21 | 22 | 23 |  |  | 24 | 25 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26 | 27 | 28 | 29 | 30 |  |  | July 1 | 2 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 4 | 5 | 6 | 7 |  |  | 8 | 9 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10 | 11 | 12 | 13 | 14 |  |  | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 |  |  | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 |  |  | 29 | 30 |
| 31 |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **Mileage Club Membership** |  | **Runner’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  |  |
| 1st Graders = 10 miles |  |  |  |  |  |  |  |  |  |  |  |
| 2nd Graders = 20 miles |  |  | I pledge on my honor that I ran a total of \_\_\_\_\_\_\_\_ summer miles. |  |
| 3rd Graders = 30 miles |  |  |  |  |  |  |  |  |  |  |  |
| 4th Graders = 40 miles |  |  | Runner Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |
| 5th Graders = 50 miles |  |  |  |  |  |  |  |  |  |  |  |
| 6th Graders = 60 miles |  |  | Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |
| 7th Graders = 70 miles |  |  |  |  |  |  |  |  |  |  |  |
| 8th Graders = 80 miles |  |  |  |  |  |  |  |  |  |  |  |